

SMALL BUSINESS EXCHANGE

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Vol 35, Edition 8

Weekly Publication 

May 16, 2019

Asian-American and Pacific Islander Heritage Month: May 2019



Photo Credit: The LanguageLine Solutions

In 1978, a joint congressional resolution established Asian/Pacific American Heritage Week. The first 10 days of May were chosen to coincide with two important milestones in Asian/Pacific American history: the arrival in the United States of the first Japanese immigrants (May 7, 1843) and contributions of Chinese workers to the building of the transcontinental railroad, completed May 10, 1869.

In 1992, Congress expanded the observance to a month-long celebration that is now known as Asian-American and Pacific Islander Heritage Month. Per a 1997 U.S. Office of Management and Budget directive, the Asian or Pacific Islander racial category was separated into two categories: one being Asian and the other Native Hawaiian and Other Pacific Islander. Thus, this Facts for Features contains a section for each.

The following facts are made possible by the invaluable responses to the U.S. Census Bureau's surveys. We appreciate the public's cooperation as we continuously measure America's people, places and economy.

Asian Population Did You Know?

22.2 million

The estimated number of Asian alone or in combination residents in the United States in 2017.

Source: 2017 Population Estimates

5.0 million

The estimated number of the Asian population of Chinese, except Taiwanese, descent in the United States in 2017. The Chinese (except Taiwanese) population was the largest Asian group, followed by Asian Indian (4.4 million), Filipino (4.0 million), Vietnamese (2.1 million), Korean (1.9 million) and Japanese (1.5 million). These estimates represent the number of people who reported a specific detailed Asian group alone, as well as people who reported that detailed Asian group in combination with one or more other detailed Asian groups or another race(s).

Source: 2017 American Community Survey

Continued on page 7

Students from the University of California Riverside awarded nearly \$30,000 in EPA grants for innovative technology projects

The U.S. Environmental Protection Agency (EPA) announced nearly \$30,000 in funding for two teams of students from University of California Riverside through its People, Prosperity and the Planet (P3) grants program. The teams are receiving funding to develop sustainable technologies to help solve environmental and public health challenges.

"EPA's P3 grants program supports the next generation of scientists and engineers," said EPA Administrator Andrew Wheeler. "These students are able to take what they learn in the classroom

and apply it to real-world environmental problems that require innovative solutions."

"We're pleased to help advance the work of these UC Riverside students," said EPA Pacific Southwest Regional Administrator Mike Stoker. "This exciting EPA program encourages students to apply their knowledge to create environmental solutions that move us toward a sustainable future."

Grantees include:

- **University of California – Riverside, Calif.:** A student team from the University of California Riverside will develop a simple

and inexpensive technology to reduce the levels of indoor and outdoor air pollutants generated by wood-stoves in disadvantaged communities.

- **University of California – Riverside, Calif.:** A student team from the University of California Riverside will study hemp fiber properties and ultimately produce hemp-crete as a lighter, stronger, and more environmentally friendly alternative to conventional fossil-based concrete.

The P3 competition challenges students to research, develop and design innovative projects that address a myriad of environmental protection and public health issues. The Phase I teams will receive grants of up to \$15,000 each to fund the proof of concept for their projects.

The Phase I recipients will attend the TechConnect World Innovation Conference and Expo in Boston, Mass., on June 17-18, 2019, to showcase their research. They can then apply for a Phase II grant that provides funding up to \$100,000 to further the project design.

These students, who represent the future workforce in diverse scientific and engineering fields, are following in the footsteps of other P3 teams. Some of these teams have gone on to start businesses based on ideas and products developed through their P3 project. In 2018, a previous P3 Phase I awardee from Oklahoma State University (OSU) leveraged P3 funding to initiate their research to develop a cost-effective approach to enhance energy efficiency in wastewater treatment. In furthering their P3 project, OSU transformed the research into a business plan and won the Queen's Entrepreneurs' Competition with its startup business plan for Contraire, a predictive analysis control system designed to provide near real-time wastewater test measurements. Amongst 15 other teams, OSU pitched their business plan to a panel of Canadian business leaders and received multiple inquiries from investors.

To learn more about the P3 projects, visit: https://cfpub.epa.gov/ncer_abstracts/index.cfm/fuseaction/recipients.display/rfa_id/639/records_per_page/ALL

For more information on the P3 Program, visit: <http://www.epa.gov/P3>

SOURCE: www.epa.gov

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Business Toolkit

5 Tips to Manage Your Job Site

[Article was originally posted on www.acuity.com]

By John Lack,

It doesn't matter how large or small a construction project is—a properly managed job site is critical to the success of the project and how the contractor is viewed by their client. Like a smooth-running V8 engine or a symphony orchestra, a smooth-running and successful project has many components, such as skilled labor, equipment, materials and, at times, unique creativity.

The level of detail needed to manage a construction project can vary depending on the complexity of the project. Here are 5 solid tips you can use on any project.

1. Organizing from the start. The more organized you are at the beginning of a job, the smoother your project will run. I cannot emphasize this enough. Did you do your homework in selecting the right subcontractors? Are your contract agreements and insurance certificates in order? Are there any permits that may hold you up?

Do any specialty items/materials need to be ordered early? Each process of the job needs to be thought out to make sure everything is covered.

Pre-construction meetings can be useful in early organizing. Communicating face to face with each other in front of the plans, specifications, and job schedule can resolve many unforeseen issues before the start of the project. Is everyone on board with the scheduling? Are there any potential conflicts between subcontractors? Is there a staging area at the job site? Is anything missed when one contractor leaves and another contractor picks up? What are the procedures for routine and emergency communication? This is also a great time to review job site safety procedures.

2. Scheduling. A project without a schedule is like a sailboat without a rudder. A realistic schedule is critical. Each task must be allotted enough time for the contractor or subcontractor to be able to staff the job adequately and complete the job correctly and safely. The person putting the schedule together must be familiar with the process and sequence of the project. Posting the schedule in large calendar format for everyone

to view daily for changes and adjustments can help keep everyone on schedule. I would always include a preliminary project schedule when issuing contracts.

3. Tracking daily project costs. Being able to view costs at any time throughout the project will help you better track where you are with the budget. Adjustments can be made to fix overages and stay on track. The ability to project expense estimates accurately allows you to gauge cash flow and gives the owner better decision-making in strategies regarding business and finances.

4. Quality assurance and quality control. One key aspect of construction management is making sure the project is built correctly. This means management needs to have knowledge and understanding of construction processes and procedures. It's important to check each step, including design, materials, and workmanship to make sure the work meets all plans, specifications, and building codes. This knowledge is also needed to properly evaluate work completed for payout requests. Changes and addenda often occur throughout a project. Communicating those

changes and making sure the work gets done on time can be challenging at times.

5. Closing out the project. Finishing well is important and closing out a project should receive as much attention as starting it. The contract documents may specify what the project close-out should entail, and some projects may require more documentation than others. At a minimum, I believe the contractor should hand the owner a nicely organized binder at the end of the job that includes:

- Contact information for all contractors involved on the project.
- A list of all material suppliers.
- All warranties.
- A copy of the occupancy permit from the building department.
- Final waiver of lien.

This article was written by Acuity Insurance's Construction Specialist, John Lack. For more construction business tips visit: acuity.com/contractor-focus.



Smart Ways TO WORK by Odette Pollar

Battling Burnout and Depression

Not so very long ago, people didn't have trouble deciding what to do in their spare time. Leisure time meant just that. It was an opportunity to do what you wanted, when you wanted and how you wanted. It was a time to recharge your batteries, rest, relax, take it easy, maybe indulge in a little recreational activity. But things have changed dramatically, and the pace of living these days is rushed and stressful. Even children are beginning to fall victim to the high stress and constant demands.

The alarm rings and you jump out of bed. A quick shower -- never a bath --and the morning rush to eat (if you have time) and get your family off to work or school has begun. And are the weekends any better? That is usually when the errands get run, repairs made, cars washed, groceries purchased and all the other activities required to maintain the things you own and that support an active, busy life.

For family lawyers facing today's demanding pace of work, the level of sustained energy required to meet expectations gets harder to maintain. Pouring your all into meeting client demands takes its toll. The phone never stops ringing, and there is always another issue to deal with, decision to make, or question to answer. This is combined with worrying about how to stay current on legal issues in light of the glut of information available. Catching up becomes more unlikely.

If you are faced with rising stress that seems never to reduce, you may find yourself getting depressed. Workplace depression is no fun for the individual, but can also be costly to a firm

through reduced productivity and increased absenteeism. Clinical depression can be a very serious illness requiring proper diagnosis and treatment. Before things get that serious, try these suggestions to refresh and renew yourself.

1. Fire problem clients.

Sometimes you need to let a client go for philosophical differences where both sides have valid points, but it is not the way in which you choose to do business. For example, you may have a client who wants to take a relentlessly aggressive approach and "teach his or her spouse a lesson." You may understand the rage, but disagree with the strategy and find that interactions with the client are increasingly a source of frustration. In such situations, it is often better to end the relationship instead of try and endure it.

2. Consider a change in professional focus or practice area.

For example, you may shift from heavy litigation practice to mediation, or from being a solo practitioner into a partnership. Or vice versa.

3. Focus on the positive.

Keep in mind that most clients are happy with your advice and service. Try to keep your day's work in perspective. There is always good news, but it is often overwhelmed by the next call or problem. Focus on praise when you receive it. You probably get it more often than you realize and may dismiss it with a "yeah, but" statement.

4. Never take the emotional aspects of your work personally or let your self-esteem suffer.

When a client is in the middle of a divorce, emotions run high and part of your job is to help them manage their emotional state. Remember that their frustration is based on their expectations, uncertainty, fear of the unknown, unhappiness and a myriad of other issues that have nothing to do with you.

5. Don't take the problems home.

When you are at work, be there 100%, but leave it when you go home. Worrying about what is left on your desk or what might be on the horizon

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Access to Capital

Ready to Grow Your Business?

5 Questions You'll Need to Answer to Be Approved for a Business Loan

[Article was originally posted on www.nav.com]

by *Linsey Knerl*,

If you've ever applied for a personal loan or credit card, you understand that you'll have to come prepared with an idea of the questions you'll be asked. For non-business lines of credit, these can be fairly simple, including basic estimations of your income, debt, and a few pieces of verification info to ensure you're really who you say you are. Because personal credit is based on personal credit history, it's easy for the bank or lending institution to run a credit check and verify what you've answered. If your history is murky, they can deny you without much additional info from you.

Business loans are a bit different, however. Because they are usually for a much higher amount of money (\$50,000 vs. \$5,000), the bank has to work a bit harder to ensure that they are taking an appropriate risk with lending you cash. Whether you are looking to get a secured loan (using your home or business assets as collateral) or you hope to get a no-risk line, the documentation you provide will be very important. Credit history – both personal and business – are important, but your responses to some often very open-ended questions will be essential.

Here are the most common questions asked by lenders for business loans, and how you should prepare to answer each.

1. How old is your business?

Most SBA (Small Business Administration) loans require a 2-3 history with your given company, but some larger, unsecured loans may need five years of business success to qualify you. Have a record of your business incorporation, DBA, and other documents that show when you started your business and that continue to prove you're still in business today. Have a startup? You're not disqualified from all lending, but you'll have to apply for money specifically for your young endeavor. Look for microloans or startup loans that cater to newbie businesses. They are small in dollars, but more lenient for breakout startups.

2. How much are you making?

Profit is possibly the most telling sign of a business' health, especially if you've passed the five-year mark and have established yourself in the marketplace. If you've shown declining profits, are suffering from major cash flow issues, or have a downward trend in your overall business health, expect your loan application to be a tough sell. While you don't have to make an amazing amount of money, banks like to see you making progress. Note the "profit" is going to be different than "revenue." Both are essential, but revenue may not cover the needs of the business and may not be enough to convey your ability to repay a loan. Tax documents can be vital in differentiating between these concepts. Have you

■ **Continued on page 5**



California Sub-Bid Request Ads



Requests quotes from qualified and certified **DBE** Subcontractors and Suppliers for the following (but not limited to) work:

Landscaping, Irrigation, Tree Removals, Erosion Control, Asphalt Paving, Asphalt Dike, Concrete Sitework, Concrete Structures, Fencing, Rebar, Guard Rail, Striping & Signage, Electrical, Traffic Signals, Survey, Construction Area Signs, Retaining Walls, CIDH (Cast in Drilled Hole Concrete Piling), Concrete Pipe, RCP, Trucking, Street Sweeping

CITY OF SAN MARCOS

CREEK DISTRICT INFRASTRUCTURE PROJECT

San Marcos, San Diego Co., California
CIP CONBID 19-01

BID DATE June 6, 2019 @ 2:00 p.m.

Sub & Supplier Quotes Due by 12:00 Noon on June 5, 2019

Sukut Construction, LLC

4010 W. Chandler Avenue, Santa Ana, CA 92704

Contact: Matt Bahnsen

Phone: (714) 540-5351 • Fax: (714) 545-2003 • Email: estimating@sukut.com

Plans/specs are available for viewing at our office by appointment, via Sukut's FTP site, or may be obtained from Owner. Subcontractors must be prepared to furnish 100% performance and payment bonds and possess current insurance and workers' comp coverage. Sukut will assist Qualified Subcontractors in obtaining bonds, insurance, and/or lines of credit. Please contact Sukut for assistance in responding to this solicitation. Subcontractors/Vendors will be required to sign Sukut's Standard Subcontract/Purchase Order. Copies are available for examination.

Sukut Construction's listing of a Subcontractor in its bid to the agency is not to be construed as an acceptance of all of the Subcontractor's conditions or exceptions included with Subcontractor's price quotes. Quotations must be valid for the same duration as specified by Owner for contract award.

Please note DBE participation on your quote including DBE name, address, DIR and CSLB numbers.

Subcontractors must note annual gross receipts (sales) on quotes as this info is required on bid forms.

Sukut Construction, LLC
An Equal Opportunity Employer



Requests quotes from qualified and certified **DVBE** Subcontractors/Suppliers/Vendors for the following (but not limited to) work:

Subcontractors
Asphalt Paving, Concrete Flatwork, Erosion Control, Hydroseed, Reinforcing Steel Rebar, Striping, Gabion Baskets (subs & vendors)

Vendors

Aggregates, Concrete, Misc. Metals, Pipe Materials, Rip Rap, Concrete Precast Box

COUNTY OF SAN DIEGO

RENOVATION OF THE STORM WATER CONTROL SYSTEM

AT THE SAN PASQUAL ACADEMY RFB No. 9478

Escondido, CA

BID DATE June 3, 2019 @ 2:00 p.m.

Sub & Supplier Quotes Due Prior

Sukut Construction, LLC

4010 W. Chandler Avenue, Santa Ana, CA 92704

Contact: Rick Welshiemer

Phone: (714) 540-5351 • Fax: (714) 545-2003 • Email: estimating@sukut.com

Plans/specs are available for viewing at our office by appointment, via Sukut's FTP site, or may be obtained from Owner. Subcontractors must be prepared to furnish 100% performance and payment bonds and possess current insurance and workers' comp coverage. Sukut will assist Qualified Subcontractors in obtaining bonds, insurance, and/or lines of credit. Please contact Sukut for assistance in responding to this solicitation. Subcontractors/Vendors will be required to sign Sukut's Standard Subcontract/Purchase Order. Copies are available for examination.

Sukut Construction's listing of a Subcontractor in its bid to the agency is not to be construed as an acceptance of all of the Subcontractor's conditions or exceptions included with Subcontractor's price quotes. Quotations must be valid for the same duration as specified by Owner for contract award.

Please note DVBE participation on your quote including DVBE name, address, DIR and CSLB numbers.

Sukut Construction, LLC
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California Sub-Bid Request Ads

DESILVA GATES CONSTRUCTION

11555 Dublin Boulevard • P.O. Box 2909
Dublin, CA 94568-2909
(925) 829-9220 / FAX (925) 803-4263
Estimator: **VICTOR LE and SAID NAJAFI**
Website: www.desilvagates.com
An Equal Opportunity/Affirmative Action Employer

DeSilva Gates Construction (DGC)
is preparing a bid as a Prime Contractor
for the project listed below:

**CALTRANS ROUTE 101 – STATE HIGHWAY
IN SONOMA COUNTY IN PETALUMA FROM
ROUTE 101/116 SEPARATION TO 0.4 MILE
NORTH OF CORONA ROAD OVERCROSSING**
Contract No. 04-2640F4,

**Federal Aid Project No. ACNH-Q101(353)N
Disadvantaged Business Enterprise Goal
Assigned is 11%**

**OWNER: STATE OF CALIFORNIA -
DEPARTMENT OF TRANSPORTATION**
1727 30th Street, Bidder's Exchange, MS 26,
Sacramento, CA 95816

Bid Date: MAY 29th, 2019 @ 2:00 P.M.

DGC and FCI are soliciting quotations from certified Disadvantaged Business Enterprises, for the following types of work and supplies/materials including but not limited to:

DESILVA GATES:

CONTACT: VICTOR LE • vle@desilvagates.com

CLEARING & GRUBBING, COLD PLANE, CONCRETE BARRIER, CONSTRUCTION AREA SIGNS, CRACK TREATMENT, CRASH CUSHION, ELECTRICAL, TRAFFIC CONTROL SYSTEMS, EROSION CONTROL, FENCE, GUARDRAILING, HMA DIKE, BOX CULVERT, LANDSCAPING, LEAN CONCRETE BASE, LIME TREATMENT, MINOR CONCRETE, MINOR CONCRETE STRUCTURES, PREPAVING INERTIAL PROFILER, PREPAVING GRINDING, ROADSIDE SIGNS, SIGN STRUCTURES, STRIPING AND PAVEMENT MARKERS, SWPPP PREP, UNDERGROUND WORK, VEGETATION CONTROL, CONCRETE, TRUCKING, SWEEPING, WATER TRUCKS, EROSION CONTROL MATERIALS, IMPORTED BORROW MATERIAL, AGGREGATE SUBBASE MATERIAL, AGGREGATE BASE MATERIAL, HMA MATERIAL, RHMA MATERIAL AND TACK COAT MATERIAL.

FCI: CONTACT: SAID JAJAFI

NORCALBIDS@fatironcorp.com

BRIDGE DEMO, CIDH, JOINT SEAL, POST TENSIONING, REBAR, SHOTRETE, TIE BACKS/ANCHORS, BRIDGE CONCRETE BARRIER, PAINT/STAIN CONCRETE, CLEAN/TREAT/POLY CONCRETE OVERLAY, CONCRETE PUMPING, READY MIX SUPPLY, DEWATERING, SOUNDWALL (MASONRY), MISC METALS, BRIDGE BEARINGS, FORMLINER, TRAFFIC CONTROL & AGGREGATES.

Plans and specifications may be reviewed at our offices located at 11555 Dublin Boulevard, Dublin, CA or 7700 College Town Drive, Sacramento, CA, or at your local Builders Exchange, or reviewed and downloaded from the ftp site at <ftp://ftp%25desilvagates.com:f7pa55wd@pub.desilvagates.com> (if prompted the username is ftp@desilvagates.com and password is f7pa55wd) or from the Owner's site at www.dot.ca.gov/hq/esc/oe/weekly_ads/all_adv_projects.php

Fax your bid to (925) 803-4263 to the attention of Estimator Victor Le. If you have questions for the Estimator, call at (925) 829-9220. When submitting any public works bid please include your DUNS number and DIR number. For questions regarding registration for DIR use the link at: www.dir.ca.gov/Public-Works/PublicWorks.html

If you need DBE support services and assistance in obtaining bonding, lines of credit, insurance, necessary equipment, materials and/or supplies or related assistance or services, for this project call the Estimator at (925) 829-9220, or contact your local Small Business Development Center Network (<http://californiasbdc.org>) or contact the California Southwest Transportation Resource Center (www.transportation.gov/osdbu/SBTRCs). DGC-FCI JV is willing to breakout portions of work to increase the expectation of meeting the DBE goal.

At our discretion, 100% Payment and 100% Performance bonds may be required as a subcontract condition. This will be a PREEVAILING WAGE JOB. DGC-FCI JV is an Equal Opportunity/Affirmative Action Employer.



Proven Management, Inc.
225 3rd Street, Oakland, CA 94607
Phone: 510-671-0000 • Fax: 510-671-1000

Requests proposals/quotes from all qualified and certified L/SLBE subcontractors, suppliers, and truckers for the following project:

**CALDECOTT AREA TUNNEL IMPROVEMENTS,
PROJECTS 1, 2, 3, 4**
City of Oakland Project #1000917
Bids: 05/23/19 @ 2 pm
GOAL: L/SLBE -50%

Sidewalk, curb, gutter, curb ramp, storm drain, bicycle facilities, intersection & roadway geometric realignments, traffic signal modernization, micro-surfacing, guardrail, retaining wall

Bonding, insurance, lines of credit and any technical assistance or information related to the plans & specifications & requirements for the work will be made available to interested L/SLBE firms. Assistance with obtaining necessary equipment, supplies, materials, or related assistance or services for this project will also be offered to interested L/SLBE firms.

100% Payment & Performance bonds will be required from a single, Treasury-listed surety company subject to PMI's approval. PMI will pay bond premium up to 1.5%. Subcontractors awarded on any project will be on PMI's standard form for subcontract without any modifications. For questions or assistance required on the above, please call.

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Graniterock

5225 Hellyer Avenue, Suite #220
San Jose, CA 95138
Phone (408) 574-1400 • Fax (408) 365-9548
Contact: David Kennedy
Email: estimating@graniterock.com

**REQUESTING SUB-QUOTES FROM
QUALIFIED SBE, SUBCONTRACTORS/
SUPPLIERS/TRUCKERS FOR:**

**San Tomas Aquino Creek Erosion Repair
From USGS Gage Near Williams Road
to Virginia Avenue and Barron Creek
Concrete Repair at Bryant Street Project
Contract C0647 / Project No. 62084001**

Task No. 5192 and 5204

**Owner: Santa Clara Valley Water District
Engineers' Estimate: \$2,600,000.**

BID DATE: May 29, 2019 @ 2:00 PM

Items of work include but are not limited to: **Demolition, Control of Water, High Early Strength Fiber Reinforced Concrete, Spot Repair Concrete, Non-Shrink Grout, Sediment Excavation, Slurry Cement Backfill, Winterization, Remove Concrete, Structural Concrete, Concrete Blanket for Sewer Pipe, Repair Spalled Surface Areas, Cleaning & Video Inspection of Sewer Pipe, Concrete Saw Cutting and Trucking.**

Graniterock Company 'Graniterock' is signatory to Operating Engineers, Laborers, Teamsters, Carpenters and Cement Masons unions. 100% performance and payment bonds will be required from a qualified surety company for the full amount of the subcontract price. Bonding assistance is available. Graniterock will pay bond premium up to 1.5%. In addition to bonding assistance, subcontractors are encouraged to contact Graniterock Estimating with questions regarding obtaining lines of credit, insurance, equipment, materials and/or supplies, or with any questions you may have. Subcontractors must possess a current contractor's license, DIR number, insurance and worker's compensation coverage. Subcontractors will be required to enter into our standard contract. Graniterock intends to work cooperatively with all qualified firms seeking work on this project.

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SYBLON REID
General Engineering Contractors
Providing Solutions to Difficult Projects

P.O. BOX 100 Folsom, CA 95763
Phone: (916) 351-0457 Fax: (916) 351-1674
Contact: Steve Platt • Email: stevep@srco.com and estimating@srco.com

Sub-Bids Requested From **Small & Micro Business** Subcontractors & Suppliers for:

OWNER: SANTA CLARA VALLEY WATER DISTRICT
SAN TOMAS AQUINO CREEK EROSION REPAIR FROM USGS GAGE NEAR WILLIAMS ROAD TO VIRGINIA AVENUE AND BARRON CREEK CONCRETE REPAIR AT BRYANT STREET PROJECT PROJECT NO 62084001 TASK NO. 5192 AND 5204 CONTRACT NO. C0647
LOCATION: SAN JOSE CA, CAMPBELL CA, PALO ALTO, CA
BID DATE: May 29, 2019 AT 2:00 PM

Trades Solicited: Traffic Control, Equipment Rental, Trucking, Rebar and Concrete Saw Cutting

If a portion of the work is too large for you to handle, contact us and we will try and break it into smaller portions

Subcontractors and suppliers must be licensed to conduct business in the state of California. Must be able to provide payment and performance bonds provided by approved surety company. SRC will pay bond premium up to 1.5% of subcontract amount and will assist with insurance compliance. SRC will work with subcontractors on joint check agreements. Plans and specs are available for viewing at our Folsom office and upon request will provide FTP site for electronic viewing of project.

Bonding, insurance, lines of credit and any technical assistance or information related to the plans or specifications for the work will be made available. Assistance with obtaining necessary equipment, supplies, materials, or related assistance or services for this project will also be offered.

Sub-Bids Requested from qualified DBE Subcontractors and Suppliers For:

**MORENA PUMP STATION
K-19-1801-DBB-3**

**Owner: The City of San Diego
Location: San Diego, CA**

Bid Date: June 6, 2019 @ 2:00 P.M.

J.F. Shea Construction, Inc.

667 Brea Canyon Road, Suite 30 • Walnut, CA 91789
Phone: (909) 595-4397, Fax: (909) 444-4268
Contact: Lori Olivas, lori.olivas@jfshea.com

J.F. Shea Construction, Inc. is soliciting your participation in the preparation of this bid.

We are particularly interested in bids from subcontractors/suppliers for the following work items:

Demolition, Geotextiles, Aggregate, Fencing, Landscape, Ready-Mix Concrete, Reinforcing Steel, Masonry, Structural Steel, Steel Decking, Miscellaneous Metals, FRP Fabrications, Insulation, Metal Roof Panels, Roofing, Sealants, Metal Doors/Frames/Hardware, Access Doors, Overhead Coiling Doors, Glazing, Painting & Coatings, Signage, HVAC, Equipment, Electrical and Instrumentation

Plans and Specifications: Contract Documents may be obtained free of charge by visiting the City's website: <https://www.sandiego.gov/purchasing/bids-contracts>. Plans may also be viewed at the Dodge Plan Rooms or at our Walnut Office.

J.F. Shea Construction, Inc. is an equal opportunity employer and intends to negotiate in good faith with interested DBE firms and intends to utilize the lowest responsive bidder. J.F. Shea expects potential subcontractors to be bondable. J.F. Shea will pay for up to 1% for subcontractor bond costs. Subcontractors and Suppliers are expected to bid per plans and specifications, including requirements for warranties. Standard manufacturer's warranties, if not in conformance with owner's specifications, will not be accepted.



REGIONAL CONNECTOR CONSTRUCTORS

SKANSKA TAYLOR

Regional Connector Constructors JV of 444 South Flower Street, Suite 2200, Los Angeles, CA requests sub-bid quotes from all interested firms, including certified DBE's for **Fire Stopping and 7th Metro Roll Up Door on the Regional Connector Transit Corridor project. Owner: LACMTA (Metro). Contract No. C0980. Bid Date: May 24, 2019 at 2:00pm.**

Plans & Specs can be viewed at our office Monday - Friday 8am to 4pm (call for appointment) or downloaded free at the following links:

RFP 106RC Fire Stopping <https://skanskausa.sharefile.com/i/ia5c95f665684e409>

RFP 107RC 7th Metro Roll Up Door <https://skanskausa.sharefile.com/i/ia4410af5209144c09>

Should you have any questions or desire to quote on this project, please contact Nicole Holliday, DBE Coordinator at (213) 407-8571 or Nicole.Holliday@Skanska.com. Assistance in bonding, insurance, lines of credit or obtaining equipment, supplies and materials is available upon request. This advertisement is in response to Metro's DBE program. Regional Connector Constructors JV intends to conduct itself in good faith with DBE firms regarding participation on this project. More info about this project is available at <http://www.teamrcc.com>. Regional Connector Constructors JV is an EEO/AA/Vet/Disability Employer.



California Sub-Bid Request Ads

ATKINSON CONSTRUCTION

Requests
Sub-bids from All Qualified & Certified DBE
Subcontractors/Suppliers for:

**The City of San Marcos
Invitation No. CIP CONBID 19-01
Note Addenda 1-3**

**Creek District Infrastructure Project
Bids Thursday, June 6, 2019**

Seeking Subs, Services & Supply for (but not limited to): Aggregate Base (Class 2), Architectural Treatment, Asphalt Paving, Bar Reinforcing Steel, Biofiltration Products (Aggregate Rock, Amended Soil), Bridge Deck Drainage System, CIDH Concrete Piling (Various sizes and Rock Socket), Clear and Grub / Mitigation Clearing and Grubbing, CML&C Steel Waterline, Concrete Barrier, Construction Survey, Construction Area Signs, Container Planting (One Gallon Natives), Demolition, Drainage Supply, Erosion Control, Fencing, Flatwork / Minor Concrete (Driveway, Side Walk, Curb Inlet), Headed Bar Reinforcement, Hot Mix Asphalt Paving, Irrigation System Installation, Landscaping, Levee Toe Drain, Masonry Block (Retaining Wall), Natural Boulders, Permanent Steel Casing (Various sizes), Prestressing Cast-in-Place Concrete, QA/QC, Reinforced Concrete Pipe (Various sizes and classes), Reinforced Concrete Pipe Rubber Gaskets and Joints (Various sizes and classes), Rock Slope Protection / Rock Slope Protection Fabric, Signal and Lighting, Sound Wall (Masonry Block), Stabilized Decomposed Granite, Steel Pedestrian Railing, Street Sweeping, Trucking, Water Fountain, Welded Steel Pipe, Wet and Dry Utility Supply.

**REFER TO PROJECT SPECS FOR
COMPLETE BID ITEM LIST.**

ENGINEER'S ESTIMATE is \$68,963,100

DBE PROJECT GOALS -

**Bent Ave Bridge & Improvements 13% /
Via Vera Cruz Bridge & Improvements 15%
****Lower Tier DBE participation
is greatly encouraged******

**Guy F. Atkinson
License # 1004388**

**18201 Von Karman Ave, 8th Floor,
Irvine, CA 92612**

socal.esteeming@atkn.com |

Phone: 949-382-7145 | Fax: 949-553-0252

Guy F. Atkinson is a union contractor and an Equal Opportunity Employer. Atkinson is signatory to the Carpenters, Cement Masons, Laborers and Operating Engineers Unions. 100% Performance & Payment Bonds from an approved surety company will be required for subcontractors with contract value greater than \$100,000. Atkinson will pay the cost of bonds up to 2.0%. We will assist in obtaining necessary equipment, supplies, materials or related services. We will split items of work (see project specs for full list of bid items) and provide assistance in obtaining bonding, lines of credit and insurance where needed. Prices must stay firm through subcontract and purchase order execution. Subcontractors will be expected to sign Atkinson's standard subcontract and to comply with our company's standard insurance requirements which include a waiver of subrogation. Please provide your contractor's license #, DBE cert # and DIR # with your quote. Atkinson requests that subs and vendors register and prequalify in our online system at <https://www.atknextranet.com> prior to bidding.

**TO DOWNLOAD PLANS, SPECS,
THE INFO HANDOUT, ANY ADDENDA, ETC
and VIEW Q&A:**

**Please go to the City of San Marcos
PlanetBids site -**

<https://www.planetbids.com/portal/portal.cfm?CompanyID=39481>

**Or contact Atkinson TO VIEW AND DOWNLOAD
ALL BID DOCUMENTS
through our online service, BuildingConnected.
Please contact Atkinson with any questions or
for help with your bid.**



Kiewit Infrastructure West Co.
4650 Business Center Drive Fairfield, CA 94534
Attn: Victor Molina - norcal.bids@kiewit.com
Fax: 707-439-7301

Requests quotes/bids from qualified Subcontractor, Service Providers, Consultants, and/or Suppliers seeking to participate in the East Bay Municipal Utility District, Maloney Pumping Plant, Greenridge Pumping Plant, La Honda Rate Control Station, and Sobrante Water Treatment Plant Improvements Project in El Sobrante, CA.

<http://www.dgs.ca.gov>
http://www.dot.ca.gov/hq/bep/find_certified.htm
<http://www.acgov.org/auditor/sleb>
<http://sf-hrc.org>
<http://www.portfoakland.com/srd>

Subcontractors and Suppliers
for the following project:

**Maloney Pumping Plant, Greenridge
Pumping Plant, La Honda Rate Control Station,
and Sobrante Water Treatment Plant
Improvements Project
Specification No. 2135**

**Owner: East Bay Municipal Utility District
Bid Date: May 29, 2019 @ 1:30 P.M.**

Disadvantaged Business Enterprises (DBEs)

Minority Business Enterprise (MBE), Women Business Enterprise (WBE), Small Business Enterprise (SBE), Disabled Veteran Business Enterprise (DVBE) and all other small/local business enterprises wanted for the following scopes, including, but not limited to:

Aggregates, AC Paving, Asbestos and Lead Abatement, Alarm Intrusion Systems, Concrete Supply, Concrete Reinforcement Supply & Install, Cast in Place Concrete, Concrete Forms, Precast Concrete, Clear & Grub, Demo, Dewatering, Electrical, Fence & Gates, Finishes, Grouting, Handling Equipment, HVAC, Instrumentation & Control Systems, Joint Sealants, Masonry, Metals, Openings, Painting & Coatings, Piping, Pipe & Valve Supply, Pumps, Pre-engineered Restroom, Shoring, Waterstops, Survey, Above-ground Tanks, Thermal & Moisture Protection, Trucking & Hauling, Sheet Metal, Structural Steel, Street Sweeping, Utility Poles, Welding and Water Truck.

Bonding, insurance, and any technical assistance or information related to the plans or specification and requirements for the work will be made available to interested DBE, MBE, SBE, DVBE and all other small/local business enterprise suppliers and subcontractors. Assistance with obtaining necessary equipment, supplies, materials, or services for this project will be offered to interested certified suppliers and subcontractors.

**Subcontractor and Supplier Scopes are due
May 24, 2019 and Quotes**

NO LATER THAN May 28, 2019 at 5 PM.

Plans are available for viewing at our office at our address below and through SmartBidNet (SBN).

All subcontractors that are registered in our SBN database will receive an invitation to bid.

Please visit <http://www.kiewit.com/districts/northern-california/overview.aspx> to register your company to be able to receive bidding information, Plans and Specifications.

Contract Equity Program applies.
Performance and Payment Bonds may be
required for Subcontractors and Supply Bonds
for Suppliers on this project.

An Equal Opportunity Employer

CA Lic. 433176

DIR #: 100001147

**O.C. Jones & Sons, Inc. and
MCM Construction, Inc.,
A Joint Venture**

**1520 Fourth St., Berkeley, CA 94710
(510) 526-3424 • Fax (510) 526-0990**

REQUEST FOR DBE
SUBCONTRACTORS AND SUPPLIERS FOR:

**HMA, CIP Bridges, Retaining & Sound Walls,
& Modify Electrical**

**Hwy 101/116 Separation, Petaluma -
Caltrans #04-2640F4**

BID DATE: May 29, 2019 @ 2:00 PM

**O. C. Jones & Sons, Inc. is soliciting
quotes for (including but not limited to):**

Trucking, Temporary and Permanent Erosion Control Measures, Lead Compliance Plan, Develop Water Supply, Construction Area Signs, Traffic Control System, Type III Barricade, Portable Delineator, SWPPP, Rain Event Action Plan, Storm Water Sampling, Analysis & Annual Report, Temp. Hydraulic Mulch, Temp. Check Dam, Temp. Drainage Inlet Protection, Temp. Silt Fence, Sweeping, Water Quality Sampling, Analysis & Monitoring Report, ADL Burial Location Report, Treated Wood Waste, Temp. High Visibility Fence, Clearing & Grubbing, Roadway Excavation (Type R-1 Aerially Deposited Lead), Structure Excavation, Structure Backfill, Pervious Backfill Material, Imported Borrow, Subgrade Enhancement Geotextile, Plant Establishment Work, Irrigation, Imported Biofiltration Soil, Hydroseed, Lime Stabilized Soil, Asphaltic Emulsion, Lean Concrete Base, Crack Treatment, Preparing Intertial Profiler, Preparing Grinding, Data Core, AC Dike, Tack Coat, Cold Plane AC, Mechanically Stabilized Embankment, Temp. Reinforced Earthwalls, CIDH Concrete Pile (Sign Foundation), Structural Concrete, Temp. G2 Inlet, Minor Concrete, Sign Structure, Rapid Setting Concrete, Underground, Abandon Culvert, Sand Backfill, Small-Rock Slope Protection, Concrete, Turf Reinforcement Mat, Rock Slope Protection, Misc. Iron & Steel, Rigid Fall Protection System, Sanitary Sewer Main, Water Main, Obliterate Surfacing, Fencing, Delineator, Guard Railing Delineator, Pavement Marker, Object Marker, Roadside Signs, Midwest Guardrail System, Vegetation Control (Minor Concrete), Chain Link Railing, Cable Railing, Transition Railing, Alternative In-Line Terminal System, Crash Cushion, Concrete Barrier, Striping & Marking, Electrical, Traffic Monitoring Station System, and Construction Materials.

**Contact: Jean Sicard @ O.C. Jones
(510) 809-3411 • sicard@ocjones.com**

**MCM Construction is soliciting quotes
(including but not limited to):**

Trucking, Health & Safety Plan, Structure Excavation and Backfill, CIDH, Prestress, Ready Mix, Drill & Bond Dowel, Temp. Active Treatment System, Aggregate Base, Joint Seals, Rebar, Masonry, Polyester Concrete Overlay, Misc. Metal, Sound Wall (Masonry Block), Access Gate (Sound Wall), Public Safety Plan, Shotcrete, Ground Anchor (Subhorizontal), Bridge Deck Drainage and Construction Materials.

**Contact: Ron Burch @ MCM Construction
(916) 334-1221 ext. 211
rburch@mcmconstruction.com**

Equal Opportunity Employers

100% Performance & Payment Bonds may be required. Worker's Compensation Waiver of Subrogation required. Please call OCJ/MCM for assistance with bonding, insurance, necessary equipment, material and/or supplies. OCJ/MCM is willing to breakout any portion of work to encourage DBE Participation. Plans & Specs are available for viewing at our office or through the Caltrans Website at www.dot.ca.gov/hq/esc/oe/weekly_ads/index.php.

Approved for a Business Loan

■ Continued from page 3

last five years' forms available for the lending company to see if they ask.

3. What are your debts and assets?

Banks like to see that you have a healthy variety of assets that could be sold – if needed – to cover any loans. Even if they don't require to put up any of your assets directly as collateral (which is quite common for business loans or a large amount), they need to know that your company isn't upside down. While loans could be used to organize or consolidate debt, banks aren't in the business of saving failing companies. If you owe much more than the value of your business, this will be a very hard sell. Come prepared with a list of your assets and debts; don't forget outstanding invoices as these could be considered "assets" as potential cash flow down the road.

4. What is the purpose of the loan?

Unlike many personal loans and credit accounts, banks like to see what their funds will be used to do. Are you hoping to expand operations with new real estate? Do you need updated equipment? Is there a new launch coming up that can benefit from a marketing push? By stating specifically what you hope the money will be used for, you can ensure that you have a clear plan of action and that you are serious about borrowing. Banks want to see that you don't just have an initial business plan for your company; they need to see an ongoing understanding of your path to profitability. By detailing exactly what you will purchase with the loan, you are demonstrating an understanding of business growth.

This also gives the bank a way to follow-up, which may be a condition of the loan itself. Also, remember that many secured loans can be obtained by putting the very thing you're buying up as collateral. If you plan on buying new stoves for your restaurant with loan proceeds, these very stoves can be the security you need to get approved. If you didn't specify this, the bank might not have the assurance that they will be repaid. The more info you can provide, the better!

5. Why have you chosen our bank?

While this last question isn't required to determine your credit-worthiness, it can earn you bonus points. Lenders love to reward loyalty, and if you already have loans or accounts with a bank, your chances of getting approved may increase. Your kind words alone won't be the difference maker, but the process of answering this question is vital. Knowing why you have chosen a lender is recommended before you ever apply. Do you love their terms? Their relationship with similar businesses? A specific loan product? Get a handle on why you want to borrow from your preferred bank, and know the perks before you apply.

Be Prepared for Other Questions

This is not an exhaustive list. Get ready to answer any question about your business that may be of interest to the lending company. For a full list of the things banks may ask for, check out this resource from the SBA. Have these with you when you apply, and ensure your preparedness for anything they may throw at you!

SOURCE: <https://www.nav.com/blog/5-questions-youll-need-to-answer-to-be-approved-for-a-business-loan-32854/>

SMALL
BUSINESS
EXCHANGE

Sammamish, WA **Sub-Bid Request Ad**

Invitation to Bid - Request for Certified MSVWBE Subcontractors and Suppliers

Project: Issaquah – Fall City Road Improvements
Owner: City of Sammamish

BID SUBMITTAL DATE AND TIME: May 23, 2019 AT 2:00 P.M.

Quotes requested for, but not limited to: Construction Area Signs, Bridge Demolition, Clearing and Grubbing, Erosion Control, Landscape & Irrigation, AC Paving, Drilled Shafts, Joint Seal Assembly, Rebar, Fencing, Metal Railing, Striping, Electrical, Minor Concrete, Masonry, Furnish & Erect Precast Girders, Aggregate Supply, Ready Mix, Concrete Pumping, Underground Pipe Products, Trucking, Geotextile Materials, Underground Precast, MSE Wall Material, Street Sweeping, Traffic Control & Dewatering.

Free-of-charge access to project bid documents (plans, specifications, addenda, and Bidders List) is provided by going to www.bxwa.com and clicking on "Posted Projects", "Public Works", and "City of Sammamish". Access to documents in electronic format is also available, at no cost, from Flatiron. Additionally, the documents are available to view only at our Renton, WA office. Please send an email request to WABids@flatironcorp.com to request access or to make an appointment to view the documents at our office.

Assistance in obtaining bonding, lines of credit, insurance, equipment, supplies and materials is available upon request. Flatiron analyzes and considers each **MSVWBE** quote, including those that are broken down into economically feasible units to facilitate bidding. Quotations must be valid for same duration as specified by Owner for contract award.

Subcontractors will be required to execute Flatiron's Standard Subcontract Terms and Conditions and insurance requirements. A copy of our Standard Subcontract Terms and Conditions is available for review, in electronic format, upon request.

Bond Requirements: Notwithstanding any contrary language in a bid to Flatiron West, Inc. ("Flatiron") or any prior course of dealing between Flatiron and a bidder, and unless waived in writing by Flatiron, Flatiron reserves the right to require each bidder to provide payment and performance bonds assuring bidder's obligations to Flatiron in the amount of 100 percent of the bid to Flatiron. Flatiron will reimburse the bond premium at actual cost not to exceed 3%.

Non-MSVWBE Subs/Suppliers: Please indicate lower tier **MSVWBE** participation offered on your quotation as it will be evaluated with your price.

Flatiron West, Inc.
1400 Talbot Road, Suite 500, Renton, WA 98055
Phone (425) 420-9900 / FAX (425) 420-9999
Point of Contact: Scott Bowen,
Estimating Administrator (WABids@flatironcorp.com)

We Are An Equal Opportunity Employer

California **Sub-Bid Request Ad**

REQUEST FOR PROPOSALS FROM CERTIFIED **DBE/MBE/WBE/SBE/SBRA/LSAF/HUBzone** SUBS AND SUPPLIERS FOR:

Maloney Pumping Plant, Greenridge Pumping Plant, La Honda Rate Control Station, and Sobrante Water Treatment Plant Improvements
Specification 2135
East Bay Municipal Utility District
Engineers Estimate: \$35,000,000
BID DATE: MAY 29, 2019 at 1:30 PM

We are soliciting proposals for the following Divisions and items of work:

For Divisions **03, 05, 08, 10, 11 & 15, including, but not limited to:** Clear & Grub, AC Paving, Painting, Underground Utilities, Fencing, Metal Railing, Electrical, Minor Concrete, Welding, Aggregates, Ready Mix, Welded Steel Pipe, Underground Pipe Products, Misc. Iron & Steel, Misc. Metals, Trucking, SWPPP Plan, SWPPP Materials, Underground Precast, Dewatering, Mechanical Equipment, and Asbestos Monitoring.

Non-DBE Subs/Suppliers: You will be expected to carry a proportionate percentage of 2nd-tier DBE participation with your quote. 2nd-tier DBE participation will be evaluated with your price.

100% performance/payment bonds will be required for the full amount of the subcontract price. Please contact Flatiron for any assistance to this solicitation, including obtaining bonding, insurance, equipment, materials and/or supplies. Provide subcontractor/supplier scopes/quotes as early as possible to enable estimators to perform a thorough evaluation of all quotes received. Quotes will be broken down into comparable packages as reasonably necessary to facilitate participation. Quotes must be valid for the same duration as specified by the Owner for Contract Award. We are signatory to Operating Engineers, Laborers, Ironworkers, Cement Masons, Carpenters and Pile Drivers Unions. Non-signatory subs will be required to sign an agreement for trades covered under our union agreements. Flatiron intends to work cooperatively with subcontractors and suppliers for all bid items you are licensed and qualified to perform. Bid items can be split to facilitate participation from all certified firms. Flatiron West will reimburse for bond premium up to 2%. **Firms must possess & provide current contractor's license number & DIR Registration number on the quote.** Firms must possess insurance and workers compensation coverage meeting project requirements. Waiver of Subrogation is required. Please contact Flatiron for any assistance required by your firm. Subcontractors/Suppliers will be required to execute our standard agreements and agree to the standard general terms & conditions. Copies are available for review on our Box.com ftp site upon email request.

Project documents may also be viewed in our office by appointment only, or downloaded for FREE from our Box ftp site. Please send an email request to NORCALBIDS@flatironcorp.com for appointment or to view/access plans and specs in our office or on our Box ftp site for FREE. Please fax scopes/quotes to our BID FAX at 707-746-1603 or email ALL Scopes/Quotes to NORCALBIDS@FlatironCorp.com.

Flatiron West, Inc.
2100 Goodyear Rd Benicia, CA 94510
Phone 707-742-6000 Bid Fax 707-746-1603
Quotes can be emailed to: NorCalBids@flatironcorp.com
An Equal Opportunity Employer
Contractor License 772589

Tutor Perini/O & G Joint Venture (TPOG)



SEEKING DBE FIRMS

FOR SUBCONTRACTING OPPORTUNITIES ON THE WESTSIDE
PURPLE LINE EXTENSION SECTION 2 PROJECT

OWNER: LOS ANGELES COUNTY METROPOLITAN TRANSPORTATION AUTHORITY (LACMTA)



INTERESTED IN WORKING WITH TPOG?

TPOG issues Notice of Interest (NOI) Emails to all Tutor Perini/O & G Joint Venture registered vendors notifying them of upcoming 1st tier opportunities on the project. All CUCP certified DBEs vendors based in Southern California are already registered with TPOG. Please contact us if your firm is not receiving TPOG Notices of Interest by sending a note to:

Nareg@moderntimesinc.com

BONDING, LINES OF CREDIT, AND INSURANCE SUPPORT SERVICES:

TPOG is willing to assist DBE Subcontractors and suppliers in obtaining access to bonds, lines of credit and insurance. Please email Nareg Bostanian for your requests for assistance.

TPOG is soliciting in good faith all interested subcontractors as well as certified DBE firms. If you are interested in bidding or have any questions in relation to the scope, please email DBE Project Coordinator: Nareg Bostanian or visit the website below. <http://www.tpogjv4purpleline.com/index.html>



FIND
Subcontractors, Vendors,
and Suppliers



REACH
Diverse Audiences of Various
Ethnicity, Race, & Gender



ADVERTISE
Sub-Bid Request Ad
Public Legal Notices
Job Listings

SBE Newspaper boasts a weekly readership of **75,000**
SBE Delivers competent, competitive, and certified subcontractors,
vendors, and suppliers
Contact us at 800-800-8534 or sbe@sbeinc.com



California Sub-Bid Request Ads



Manson Construction Co.
1401 Marina Way South Ste. 330
Richmond, CA 94804
TEL: 510-232-6319 • FAX: 510-232-4528

REQUEST FOR QUALIFIED AND CERTIFIED SBE SUBCONTRACTORS AND SUPPLIERS FOR:

SAN FRANCISCO BAY AREA RAPID TRANSIT CONTRACT NO. 09DJ-160 TBT CP ANODE SLED AND CABLE REPLACEMENT PROJECT PROJECT BID DATE: JUNE 25, 2019 AT 2 P.M.

Quotes are requested for various items of work including but not limited to:

Aggregate, Diving, Engineering (Naval Architect), Electrical, Fuel Systems – Diesel, Inspection, Landfill, Towing, Trucking, Underwater Surveyor.

Project Description: *The Work, in general, consists of providing all labor, materials, hardware, tools, barges, Global Positioning System (GPS) navigation, diving and underwater safety systems and other equipment necessary to replace existing anode cable through the TransBay Tube (TBT) and anode sleds located underwater in the San Francisco Bay with District-Furnished Material (DFM) and Contractor-Furnished Materials (CFM). The Contractor shall replace existing equipment to provide functional Cathodic Protection (CP) system for BART's TBT in the San Francisco Bay, as indicated.*

Manson construction is willing to break out items of work into economically feasible units to encourage SBE participation. 100 % payment and performance bonds are required but can be waived with prior approval for special cases. Manson will pay bond premium up to 1.5%.

This Contract has a labor agreement wherein Manson is signatory to Piledrivers and Operators, and is subject to the "Buy America" requirements of 49 USC 5323(j), and applicable regulations in 49 CFR Part 661. Current insurance and workers compensation coverage including USL&H and waiver of subrogation is required.

All subcontractors, suppliers, consultants and other third parties interested in this high security project MUST submit a request for a Third Party Non-Disclosure Agreement (Third Party NDA) in order to be eligible to review the drawings and specifications. The Third Party NDA may be obtained by downloading from BART's website (link shown below- the NDA form is attached under Contract 09DJ-160 (<https://www.bart.gov/about/business/procurement/contractsout>). Note, BART anticipates that within 14 Days after receipt of the NDA, 3rd parties will be notified about the results of their clearance. Companies need to follow the instructions on the Third Party NDA and submit to BART's District Secretary's Office (mailing address is shown on the NDA). PLEASE DO NOT SEND THE FORM TO MANSON CONSTRUCTION CO.

The following must be submitted with Quote by COB 6/23/19: Firms must possess & provide current contractor's license # & DIR registration # on the quote. SBE means a small business concern certified as an SBE by the District or DBE certified under the CUCP. Further, the firm shall meet the SBA size standard for the specific NAICS code they are certified for. Provide the SBE/DBE #. Quotes must be valid for 120 days.

For scope clarifications, to view plans and specifications, or to submit quotes contact Chris Schaeffer at cschaeffer@mansonconstruction.com or 510-232-6319 ext. 2380. YOU MUST BE SSI CLEARED BEFORE YOU CAN VIEW CONTRACT DOCUMENTS. For questions regarding the Third Party NDA, you can also contact Kelly Duncan, kduncan@mansonconstruction.com.

An Equal Opportunity Employer

Request for Quotes from Certified DBE Subcontractors and Suppliers

**Project: Rehabilitate Cross Taxiways C1, C2, C5 and D
Contract No. 104255
Owner: San Diego County Regional Airport Authority
BID SUBMITTAL DATE: June 4, 2019 at 2:00 PM**

Request for quotes from Certified DBE's Subcontractors and Suppliers for the following, but not limited to scopes of work: Aggregate Supply, Asphalt Paving, Cement, Cold Mill, Concrete Supply, Electrical, Joint Seal, PCC Materials, Quality Control, Street Sweeping, Striping.

PLEASE SUBMIT QUOTES BY FAX TO (760) 471-4860 OR EMAIL TO SoCalBids@FlatironCorp.com

Plans and specifications are available, at no cost from the San Diego Regional Airport Authority planetbids portal website: <https://www.planetbids.com/portal/portal.cfm?CompanyID=16725#> (registration required). Additionally, plans and specifications are available at Flatiron's San Marcos, CA and Chino Hills, CA offices. Please call to make an appointment to view plans and specifications.

Flatiron analyzes and considers each DBE quote, including those that are broken down into economically feasible units to facilitate bidding. Assistance in obtaining bonding, lines of credit, insurance, equipment, supplies and materials is available upon request. Additionally, please contact us if you require technical assistance.

Quotations must be valid for same duration as specified by Owner for contract award.

Subcontractors are required to possess and maintain a current contractor's license and must also be registered with the Department of Industrial Relations (DIR) as required by Public Contract Code Section 1725.5. Subcontractors will be required to execute Flatiron's Standard Subcontract Terms and Conditions and insurance requirements. A copy of our Standard Subcontract Terms and Conditions is available in electronic format upon request.

Bond Requirements: Notwithstanding any contrary language in a bid to Flatiron or any prior course of dealing between Flatiron and a bidder, and unless waived in writing by Flatiron, Flatiron reserves the right to require each bidder to provide payment and performance bonds assuring bidder's obligations to Flatiron in the amount of 100 percent of the bid to Flatiron. Flatiron will reimburse the bond premium at actual cost not to exceed 3%. The surety on the bonds must be a California admitted surety. Non-DBE Subs/Suppliers: Indicate 2nd tier DBE participation offered on your quotation as it will be evaluated with your price. WE ARE AN EQUAL OPPORTUNITY EMPLOYER.

Flatiron West, Inc.

1770 La Costa Meadows Drive, San Marcos, CA 92078
Phone (760) 916-9100 / FAX (760) 471-4860
Email: SoCalBids@flatironcorp.com
Point of Contact: Veronica Garcia, Estimating Admin.

Asian-American and Pacific Islander Heritage Month: May 2019

Continued from page 1

2.4%

The percentage of Asian alone or in combination military veterans in 2017.

Source: 2017 American Community Survey

53.0%

The percentage of the Asian alone or in combination population age 25 and older who had a bachelor's degree or higher level of education in 2017.

Source: 2017 American Community Survey

87.5%

The percentage of the Asian alone or in combination population age 25 and older who had at least a high school diploma or equivalency in 2017.

Source: 2017 American Community Survey

555,262

The estimated number of Asian-owned employer firms in the United States in 2016.

Source: 2016 Annual Survey of Entrepreneurs

Native Hawaiian and Other Pacific Islander Population

Did You Know?

1.6 million

The estimated number of Native Hawaiian and Other Pacific Islander alone or in combination residents of the United States in 2017.

Source: 2017 Population Estimates

614,572

The number of Native Hawaiian residents of the United States in 2017. The Native Hawaiian population was the largest detailed Native Hawaiian and Other Pacific Islander (NHPI) group, followed by Samoan (202,268) and Guamanian or Chamorro (156,482). These estimates represent the number of people who reported a specific detailed NHPI group alone, as well as people who reported that detailed NHPI group in combination with one or more other detailed NHPI groups or another race(s).

Source: 2017 American Community Survey

7.1%

The percentage of Native Hawaiian and Other Pacific Islander alone or in combination military veterans in 2017.

Source: 2017 American Community Survey

23.3%

The percentage of the Native Hawaiian and Other Pacific Islander alone or in combination population age 25 and older who had a bachelor's degree or higher in 2017.

Source: 2017 American Community Survey

89.4%

The percentage of the Native Hawaiian and Other Pacific Islander alone or in combination population age 25 and older with at least a high school diploma or equivalency in 2017.

Source: 2017 American Community Survey

Visit link for more details: www.census.gov/newsroom/facts-for-features/2019/asian-american-pacific-islander.html

Battling Burnout and Depression

Continued from page 2

just destroys your ability to rest and refresh yourself. Remember that whatever comes the next day will come with or without your worry and agony.

6. Seek calmness immediately before and after work.

Restructure your morning routine so that it is relaxing. That may be reading the paper early, listening to music on the way to work or eating a leisurely breakfast. As a transition into your personal time, develop a routine when leaving work that you find refreshing. Unwinding before arriving home allows you to move into the stream of things more easily.

7. Talk with your colleagues.

When you are feeling isolated, talk with colleagues. They are probably experiencing many of the feelings that you are. Talking things over is often helpful and will make you feel better. They may have a suggestion or two that you will find useful. But sometimes just venting without trying to fix anything is just what is needed.

8. Find ways to reduce stress.

Exercise, deep breathing, taking a break, and stretching can all help reduce high anxiety levels. Eat lunch away from your desk. Try to get out of the building. Go for a walk during your lunch to help regain your sense of calm. Being out of balance and over tired makes everything just that much harder. During particularly tense times, allow yourself more sleep at night. You will need it.

9. Make time for your hobbies.

When work is particularly draining, it is never more important to have something you enjoy and is fun. That counterbalance helps offer a more realistic perspective on the workplace. Fill your leisure time with rewarding things that have value, not just routine errands and chores. And take vacations regularly! In fact, book all of your vacation time for the year in January. You are much more likely to take them than by waiting for a gap in your schedule and then trying to fit one in.

10. Review your successes at the end of the day.

Think about what you did well and congratulate yourself. Tally up the good experiences you have had. You will probably be surprised at how many more pluses you experienced than minuses.

Odette Pollar is a nationally known speaker, author, and consultant. President of the management consulting firm, Smart Ways to Work based in Oakland, CA, her most recent book is *Surviving Information Overload*. Email to share your comments, questions and suggestions: odette@SmartWaysToWork.com.

Visit us at:
www.smartwaystowork.com
call: 1-800-599-8463.



Fictitious Business Name Statements

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0386502-00

Fictitious Business Name(s):
Fit Girls SF
Address
1814 Divisadero Street, San Francisco, CA 94115
Full Name of Registrant #1
Alexis Fernandez
Address of Registrant # 1
1814 Divisadero Street, San Francisco, CA 94115

This business is conducted by **An Individual**
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **NOT APPLICABLE**

Signed: **Alexis Fernandez**

This statement was filed with the County Clerk of San Francisco County on **05/13/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Sonya Yi**
Deputy County Clerk
05/13/2019

05/16/19 + 05/23/19 + 05/30/19 + 06/06/19

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0386040-00

Fictitious Business Name(s):
Pretty Rocks Jewelry
Address
311 Corbett Avenue, Apt #2, San Francisco, CA 94114
Full Name of Registrant #1
Trang Le Mendoza
Address of Registrant # 1
311 Corbett Avenue, Apt #2, San Francisco, CA 94114

This business is conducted by **An Individual**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **4/10/2019**.

Signed: **Trang Le Mendoza**

This statement was filed with the County Clerk of San Francisco County on **04/10/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Sonya Yi**
Deputy County Clerk
04/10/2019

4/25/2019 + 5/02/2019 + 5/09/2019 + 5/16/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0386509-00

Fictitious Business Name(s):
SimplexiTea
Address
12 10th Street, San Francisco, CA 94103
Full Name of Registrant #1
The Tea Box (CA)
Address of Registrant # 1
90 Summit Way, San Francisco, CA 94132

This business is conducted by **A Corporation**
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **5/13/2019**

Signed: **Kiattikhun Ratanatharathorn**

This statement was filed with the County Clerk of San Francisco County on **05/13/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Melvin Galvez**
Deputy County Clerk
05/13/2019

05/16/19 + 05/23/19 + 05/30/19 + 06/06/19

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0386530-00

Fictitious Business Name(s):
Golden Gate Farmers Market
Address
5843 Geary Blvd., San Francisco, CA 94121
Full Name of Registrant #1
Heriberto Ponce Martinez
Address of Registrant # 1
3931 Geary Blvd., San Francisco, CA 94115

This business is conducted by **An Individual**
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **NOT APPLICABLE**

Signed: **Heriberto Ponce Martinez**

This statement was filed with the County Clerk of San Francisco County on **05/14/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Melvin Galvez**
Deputy County Clerk
05/14/2019

05/16/19 + 05/23/19 + 05/30/19 + 06/06/19

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385946-00

Fictitious Business Name(s):
UNdesign
Address
1414 Cole Street, San Francisco, CA 94117
Full Name of Registrant #1
Brenda Lam
Address of Registrant # 1
120 Ortega Street, San Francisco, CA 94122
Full Name of Registrant #2
Stephania Serena
Address of Registrant #2
1414 Cole Street, San Francisco, CA 94117

This business is conducted by **A General Partnersip**
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **1/1/2019**

Signed: **Brenda Lam**

This statement was filed with the County Clerk of San Francisco County on **04/04/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Maribel Jaldon**
Deputy County Clerk
04/04/2019

4/18/2019 + 4/25/2019 + 5/02/2019 + 5/09/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0386098-00

Fictitious Business Name(s):
Collective Theory Media
Address
626 Pine Street Apt #204, San Francisco, CA 94108
Full Name of Registrant #1
Collective Theory Media (CA)
Address of Registrant # 1
626 Pine Street Apt #204, San Francisco, CA 94108

This business is conducted by **A Limited Liability Company**
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **02/01/2019**

Signed: **Monica Guerra**

This statement was filed with the County Clerk of San Francisco County on **04/12/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Fallon Lim**
Deputy County Clerk
04/12/2019

4/18/2019 + 4/25/2019 + 5/02/2019 + 5/09/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385779-00

Fictitious Business Name(s):
William Luk & Amy Shi Construction Co.
Address
1827 Newhall Street, San Francisco, CA 94124
Full Name of Registrant #1
William Luk
Address of Registrant # 1
1827 Newhall Street, San Francisco, CA 94124
Full Name of Registrant #2
Amy Shi
Address of Registrant # 2
1827 Newhall Street, San Francisco, CA 94124

This business is conducted by **A General Partnership**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **N/A**.

Signed: **William Luk**

This statement was filed with the County Clerk of San Francisco County on **3/26/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Sonya Yi**
Deputy County Clerk
3/26/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385848-00

Fictitious Business Name(s):
El Rinconcito Catracho #2
Address
2976 Mission Street, San Francisco, CA 94110
Full Name of Registrant #1
Jose Catalino Bonilla Corcamo
Address of Registrant # 1
1747 La Salle Avenue, San Francisco, CA 94124
Full Name of Registrant #2
Yelson M Gomez Rodriguez
Address of Registrant #2
1747 La Salle Avenue, San Francisco, CA 94124

This business is conducted by **A General Partnership**
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **12/28/2018**

Signed: **Yelson Gomez**

This statement was filed with the County Clerk of San Francisco County on **03/29/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Giselle Romo**
Deputy County Clerk
03/29/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385797-00

Fictitious Business Name(s):
Chic Nail Salon
Address
1772 1/2 Union Street, San Francisco, CA 94123
Full Name of Registrant #1
Kim-Cuc Tran
Address of Registrant # 1
38 Belhaven Ct., Daly City, CA 94015

This business is conducted by **An Individual**
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **03/26/2019**

Signed: **Kim-Cuc Tran**

This statement was filed with the County Clerk of San Francisco County on **03/22/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Giselle Romo**
Deputy County Clerk
03/26/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385569-00

Fictitious Business Name(s):
Studio Graf
Address
12 Geary Street, Suite 603, San Francisco, CA 94108
Full Name of Registrant #1
Graf & Tolosa, Inc (CA)
Address of Registrant # 1
12 Geary Street, Suite 603, San Francisco, CA 94108

This business is conducted by **A Corporation**.
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **1/1/2019**

Signed: **Fabian Graf**

This statement was filed with the County Clerk of San Francisco County on **3/12/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Fallon Lim**
Deputy County Clerk
03/12/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385619-00

Fictitious Business Name(s):
Three Seasons Floral Design
Address
301 Mission Street, Apt #3C, San Francisco, CA 94105
Full Name of Registrant #1
Tessa Nguyen
Address of Registrant # 1
301 Mission Street, Apt #3C, San Francisco, CA 94105
Full Name of Registrant #2
Jeffrey Peters
Address of Registrant # 2
301 Mission Street, Apt #3C, San Francisco, CA 94105

This business is conducted by **A General Partnership**
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **3/14/2019**

Signed: **Tessa Nguyen**

This statement was filed with the County Clerk of San Francisco County on **3/14/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Fallon Lim**
Deputy County Clerk
03/14/2019

FICTITIOUS BUSINESS NAME STATEMENT File No. A-0385729-00

Fictitious Business Name(s):
Yoga Phamily
Address
3134 24th Street, Unit #5, San Francisco, CA 94110
Full Name of Registrant #1
Yoga Phamily LLC (CA)
Address of Registrant # 1
3134 24th Street, Unit #5, San Francisco, CA 94110

This business is conducted by **A Limited Liability Company**
The registrant(s) commenced to transact business under the fictitious business name(s) listed above on **3/21/2019**

Signed: **Ngan Pham**

This statement was filed with the County Clerk of San Francisco County on **3/21/2019**

Notice: This fictitious name statement expires five years from the date it was filed. A new fictitious business name statement must be filed prior to this date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right of another under Federal, State or Common Law

Filed: **Sonya Yi**
Deputy County Clerk
03/21/2019